

BODY SYSTEMS FITNESS 2018 5K FUNDRAISER

Last year Body Systems Fitness was proud to sponsor Fort Cherry School District for our annual 5K Charity McRun. The funds raised will help create Emergency Buckets as well as support their fundraising for their organization, Helping Hands.

-The Emergency Classroom Buckets will equip each classroom in the school district with supplies in case of an emergency. These buckets are utilized nationwide as part of the A.L.I.C.E. training and recommended by law enforcement as a way for schools to be better prepared to protect students and staff in emergency situations.

-Fort Cherry Helping Hands is a new organization founded by Fort Cherry School District in January 2018. Helping Hands was established to assist local students and families who struggle with food insecurity at home. Helping Hands works with local food banks to ensure that students have access to meals over the weekends and holidays when they are away from school support.

Thank you so much to anyone who supported this great cause. We were so fortunate to have so many local businesses and people sponsor this event, as well as contribute to the awesome Chinese Auction we had displayed. Thank you to all the staff and volunteers who spent countless hours making this happen. Also, a BIG shout out to Subway McDonald and Hickory for EVERYTHING you have done for us the past few years.

We were extremely pleased to raise \$6,000 for the district. This will go a long way in helping these local families and students.



